

Moral Reconciliation Therapy

Workshop Dates
Every Wednesday

Time
6:30 p.m.—8:00 p.m.

Location
1550 4th Ave S
Across from
Safeco Field



- Free workshops
- Relationship building
- Doing the right thing
- Goal setting
- Positive behaviors
- Self-evaluation

Moral Reconciliation Therapy is a simple step-by-step method that promotes a positive self-image and identity. You could benefit from MRT if you struggle in making the “right” decision. In these free workshops, facilitators will guide you in self-assessment, building trust, setting goals, helping yourself and others, and redirecting behavior so you are able to think through the decision process. The workshops are open to U.S. Pretrial and U.S. Probation clients that are ready to make a positive change in their life. Contact your supervising officer for more information.

FACILITATORS

U.S. Pretrial Services

Lonnie Kaman
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